

MAKE 2019 A SUMMER TO REMEMBER

**Team Discounts**

5-9 Players  
\$25 off

10 + Players  
\$35 off



CAMP LOCATION:  
**Dennis Yarmouth  
High School**  
South Yarmouth, MA

CAMP DATES:  
**July 8 - 11**  
*Ages 7 - 18*

**FHCamps.com 800-944-7112 Support@FHCamps.com**

SINCE 2001, 40,000 CAMPERS AND COUNTING!



## Camp Location

### Dennis Yarmouth High School

South Yarmouth, MA

- Elite NCAA Coaches & Players on Staff
- Daily Scrimmage Opportunities
- Personal Evaluations
- 10:1 Training Ratio
- Developmental & Tactical Games
- Leadership & Fun!

## Director

Callie Lekas



- Clark University Head Coach
- Former Amherst College Assistant Coach
- 3x NFHCA All-Region Wellesley College & NCAA Sweet 16

## Why Us?



A top name in hockey in the United States, Revolution Field Hockey programs are designed to help players take their skills and knowledge to the next level. Our camps are just as much about keeping both the ball and player in consistent motion as they are a vehicle to teach deeper values.

The days will start with warm-ups moving into skill development drills, tactical games and then to scrimmages - get ready to move! Our unique drills and learning games help campers stay engaged in a fun way and have proven highly effective at developing an overall hockey IQ. We believe in and practice accountability, both with our staff to ensure our participants improve through positive reinforcement and repetition, as well as with our campers to bring the effort and desire. Learning is an evolving process and we aim to develop creative players who will love the process of learning field hockey.



## Schedule

### Sample Camp Schedule

8:45 - Day & Half-Day Campers Arrive

9:00 - Daily Theme Workshop & Warm Ups

9:30 - 11:30 - Technical Skill Work & Small Games

11:30 - Cool Down & Extra Help

12:00 - Half Day Campers Depart

12:00 - Lunch

12:45 - 1:30 pm - Spike Ball, Frisbee & Recess Games

1:30 pm - 3:00pm - Strategy: Large Game Concept Training & Scrimmages

3:00 pm - Campers Depart