

MAKE 2019 A SUMMER TO REMEMBER

Team Discounts

5-9 Players
\$25 off

10 + Players
\$35 off



CAMP LOCATION:
St. Joseph High School
Trumbull, CT

CAMP DATE:
July 29 - August 1
Ages 7 - 18

FHCamps.com 800-944-7112 Support@FHCamps.com

SINCE 2001, 40,000 CAMPERS AND COUNTING!



Camp Location

St. Joseph HS

Trumbull, CT

- Elite NCAA Coaches & Players on Staff
- Daily Scrimmage Opportunities
- Personal Evaluations
- 10:1 Training Ratio
- Developmental & Tactical Games
- Leadership & Fun!

Director

Nicole Miller



- Sacred Heart University Assistant Coach & Offensive Specialist
- 3x UMASS A10 Champion & NCAA Elite 8 Tournament Finish
- All-Conference Honors
- U-21 USA Field Hockey Member

Why Us?



A top name in hockey in the United States, Revolution Field Hockey programs are designed to help players take their skills and knowledge to the next level. Our camps are just as much about keeping both the ball and player in consistent motion as they are a vehicle to teach deeper values.

The days will start with warm-ups moving into skill development drills, tactical games and then to scrimmages - get ready to move! Our unique drills and learning games help campers stay engaged in a fun way and have proven highly effective at developing an overall hockey IQ. We believe in and practice accountability, both with our staff to ensure our participants improve through positive reinforcement and repetition, as well as with our campers to bring the effort and desire. Learning is an evolving process and we aim to develop campers who will love the process of field hockey.



Schedule

Sample Camp Schedule

8:45 - Day & Half-Day Campers Arrive

9:00 - Daily Theme Workshop & Warm Ups

9:30 - 11:30 - Technical Skill Work & Small Games

11:30 - Cool Down & Extra Help

12:00 - Half Day Campers Depart

12:00 - Lunch

12:45 - 1:30 pm - Spike Ball, Frisbee & Recess Games

1:30 pm - 3:00pm - Strategy: Large Game Concept Training & Scrimmages

3:00 pm - Campers Depart