

ALL GAME. ALL SUMMER.

Score an awesome summer with Revolution Field Hockey Camps



**REGISTER
NOW FOR
2019**
AGES 10 - 18
DAY & OVERNIGHT
CAMP PROGRAMS



FHCamps.com 800-944-7112 Support@FHCamps.com

Dear Campers,

You know you have what it takes to be the best. To be winners. Field hockey champions. We know it too. You've got the raw skill, the impressive smarts, and the boundless drive to amp your game.

And we're here to help you achieve all that and more! Revolution knows that the best players deserve nothing less than the best training. That's why we've formed a team from the nation's most prestigious coaches and combined it with elite-level curriculum.

When you take part in a Revolution camp, you know you're getting a unique experience that will impact the rest of your life—on and off the field. From fundamental drills all the way to full-field scrimmage strategy, you'll boost your skills, discover the true power of teamwork, and connect with new friends who love the game as much as you do!

So what are you waiting for? Register today and get ready to transform your game from "acceptable" into "amazing!"

Playing to win.

-The Revolution Camps Team

OUR PARTNER CAMPS

Since 2001, Over 100,000 athletes have attended our camps and become better players. For more information, please visit eCamps.com





ENERGIZE. UNIFY. ACCELERATE.

There's a lot happening on the hockey field. "Blink and you'll miss it". A few seconds delay... the briefest hesitation can make the difference between a win and a loss. Get the boost you need, accelerate your understanding of strategy, trim your reaction times, and supercharge your skills.

AMP YOUR CAMP!



Session Highlights

- ▲ Limited Edition Reversible Jersey, Waterbottle, Lanyard, & Ball
- ▲ Fun-filled Evening Activities
- ▲ Personal Evaluations
- ▲ Speed & Conditioning Trainers
- ▲ Daily Prizes & Camp Awards



Revolution Field Hockey Camp
Directors are proudly certified by
the Positive Coaching Alliance.

Safety, Supervision & Respect

We take camper safety seriously. Campers remain on campus under staff supervision for the duration of the camp.

Our staff resides in the dorms with the campers at all overnight camps. Athletic Trainers are available to provide injury prevention & first aid response.

Staff & International Coaches

Maryland Duke Johns Hopkins
American UConn UVA Yale
Stanford UNH Boston College
Princeton Northwestern Harvard
UC Berkeley Amherst Tufts
Penn State Middlebury
UNC Bowdoin England Spain
Australia Netherlands Argentina
Canada

WE'RE PLAYING ON A FIELD NEAR YOU.

Our programs are located in top facilities around the country.
Discover a Revolution Camp convenient to where you live or vacation.

NORTHEAST

BATES COLLEGE, LEWISTON, ME
August 1 - 4
Overnight \$569 / Extended Day \$459
Danielle Ryder Kognut, Bates College Head Coach

BREWSTER ACADEMY, WOLFOBORO, NH
July 14 - 17
Overnight \$579 / Extended Day \$479
Callie Lekas, Clark University Head Coach

BRYN MAWR COLLEGE, BRYN MAWR, PA
July 29 - August 1
Day \$435
Victor Brady, Bryn Mawr College Head Coach

DENNIS YARMOUTH HIGH SCHOOL, SOUTH YARMOUTH, MA
July 8 - 11
Day \$369 / Half Day \$259
Callie Lekas, Clark University Head Coach

MASS MARITIME ACADEMY, BUZZARDS BAY, MA
July 18 - 20
Overnight \$579 / Extended Day \$479
Katharine Delorenzo, Middlebury College Head Coach

RIDGEFIELD ACADEMY, RIDGEFIELD, CT
July 15 - 18
Half Day \$250
Nicole Miller, Sacred Heart University Asst. Coach

SACRED HEART UNIVERSITY, FAIRFIELD, CT
July 24 - 27
Overnight \$589 / Extended Day \$469
Sydney Van Der Merwe, Sacred Heart University Head Coach

SALVE REGINA UNIVERSITY, NEWPORT, RI
July 29 - August 1
Overnight \$589 / Extended Day \$479
Jennifer Foster, Salve Regina Head Coach

SMITH COLLEGE OVERNIGHT CAMP, NORTHAMPTON, MA
August 5 - 8
Overnight \$569 / Extended Day \$469
Jaime Ginsberg, Smith College Head Coach

SMITH COLLEGE OVERNIGHT TEAM CAMP, NORTHAMPTON, MA
July 8 - 11
Overnight \$569 / Extended Day \$469
Jaime Ginsberg, Smith College Head Coach

UMASS AMHERST- MOUNT IDA CAMPUS, NEWTON, MA
July 15 - 18
Day \$359 / Half Day \$229
Megan Shea, Merrimack College Head Coach



“ I had a blast last summer. I became a better goalie. I made amazing friends. I've been to other sports camps, but this was the best! ”

- Carly W., Camper

FIELD HOCKEY & LEADERSHIP ACADEMY, LAKEVILLE, CT
July 14 - 18
Overnight \$869 / Extended Day \$799
Cheryl Canada, Quinnipiac Univ. Associate Head Coach

GARRISON FOREST SCHOOL, OWINGS MILLS, MD
July 29 - August 1
Day \$350 / Half Day \$250
Owings Mills, MD, Goucher College Asst. Coach

GREENWICH HIGH SCHOOL, GREENWICH, CT
July 8 - 11
Day \$359 / Half Day \$229
Kayte Kinsley, Pace University Head Coach

SOUTHERN CONNECTICUT STATE UNIV, NEW HAVEN, CT
July 8 - 11
Day \$359 / Half Day \$229
Anne Farrier, SCSU Asst. Coach

STAPLES HIGH SCHOOL - GINNY PARKER FIELD, WESTPORT, CT
July 5 - August 8
Half Day \$299
Nicole Miller, Sacred Heart University Asst. Coach

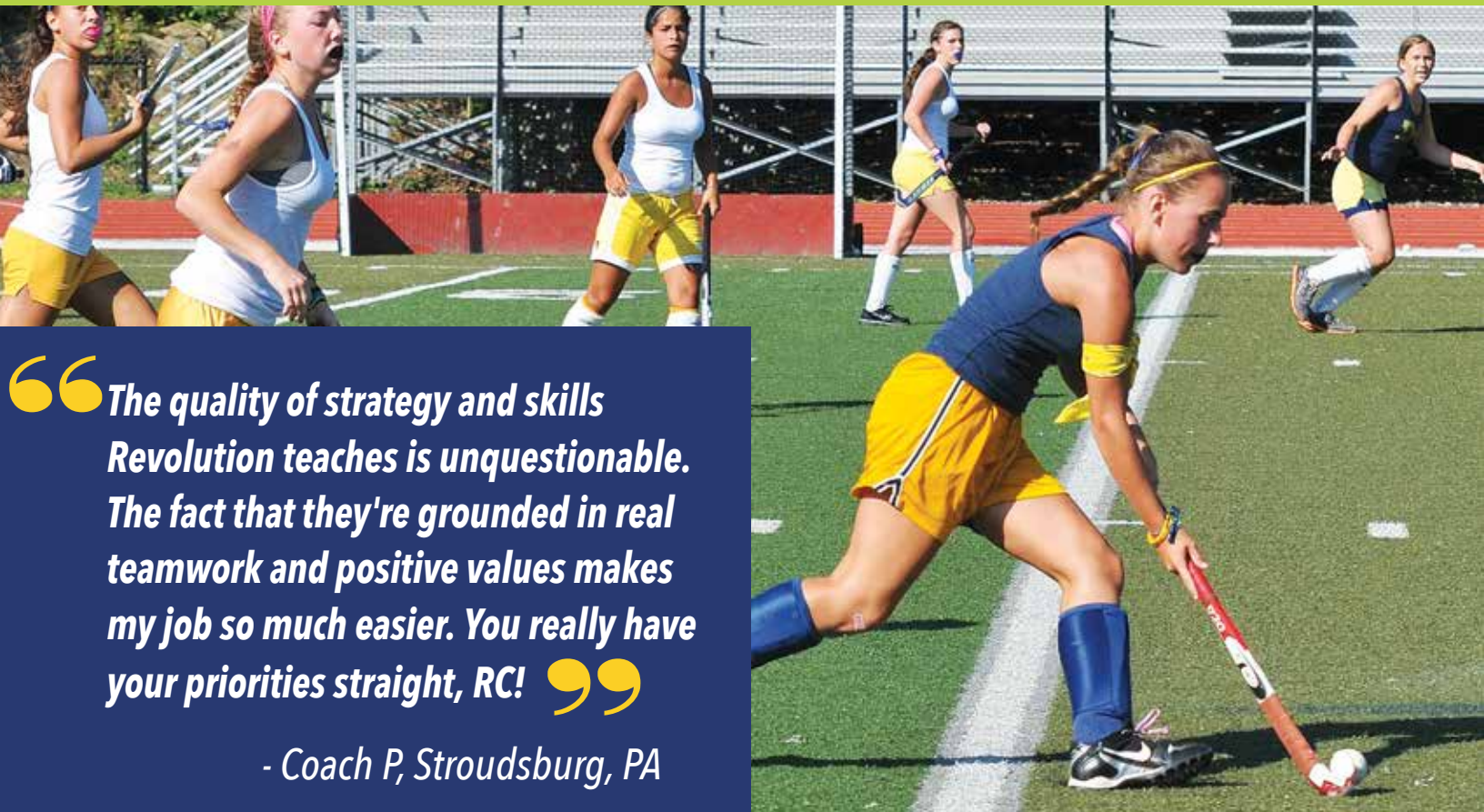
ST. JOSEPH HIGH SCHOOL, TRUMBULL, CT
July 29 - August 1
Day \$399 / Half Day \$259
Nicole Miller, Sacred Heart University Asst. Coach

MID-ATLANTIC

HACKLEY SCHOOL, TARRYTOWN, NY
July 22 - 25
Day \$399 / Half Day \$229
Jenny Leffler & Sarah Budde, Hackley School Varsity Field Hockey Coaches

MONTCLAIR STATE UNIVERSITY, MONTCLAIR, NJ
July 21 - 24
Overnight \$589 / Extended Day \$489
Eileen O'Reilly, Camp Director

QUEEN ANNE'S COUNTY- FIELD HOCKEY CAMP, CENTERVILLE, MD
July 29 - August 1
Half Day \$249
Alix Barrale, Williams College Head Coach



“The quality of strategy and skills Revolution teaches is unquestionable. The fact that they're grounded in real teamwork and positive values makes my job so much easier. You really have your priorities straight, RC!”

- Coach P, Stroudsburg, PA

QUEEN ANNE'S COUNTY- HIGH SCHOOL CLINIC

CENTERVILLE, MD
 July 29 - August 1
 Half Day \$249
 Alix Barrale, Williams College
 Head Coach

**ST. TIMOTHY'S SCHOOL DAY
 FIELD HOCKEY CAMP 1**

STEVENSON, MD
 July 15 - 18
 Day \$359 / Half Day \$259
 Megan Callahan, STT Head Coach &
 Athletic Director

**ST. TIMOTHY'S SCHOOL DAY
 FIELD HOCKEY CAMP 2**

STEVENSON, MD
 August 5 - 8
 Day \$359 / Half Day \$259
 Megan Callahan, STT Head Coach &
 Athletic Director

THE HUN SCHOOL

PRINCETON, NJ
 August 4 - 7
 Overnight \$579 / Extended Day \$479
 Kristen McCann, Founder of Focus Field Hockey
 Club Program

TRINITY PAWLING SCHOOL

PAWLING, NY
 July 29 - August 1
 Overnight \$459 / Extended Day \$569
 Megan Shea, Merrimack College
 Head Coach

SOUTH

GEORGE MASON UNIVERSITY, FAIRFAX, VA

July 29 - August 1
 Day \$349 / Half Day \$229
 To be announced, Camp Director

RANDOLPH MACON COLLEGE, ASHLAND, VA

July 15 - 18
 Overnight \$569 Extended Day \$459
 Ashley Kishorn, Eastern Mennonite University
 Head Coach

SEVERN SCHOOL, SEVERNA PARK, MD

July 27 - July 28
 Two Days \$459
 NESCAC coaches

WEST

UNIVERSITY OF DENVER

DENVER, CO
 August 2 - 5
 Overnight \$559 / Extended Day \$469
 Grace Goodbarn, Washington & Lee University
 Assistant Coach

UNIVERSITY OF SAN DIEGO

SAN DIEGO, CA
 July 8 - 11
 Overnight \$649 / Extended Day \$549
 Mika Black, Washington & Lee University
 Assistant Coach

MIDWEST

LAKE FOREST COLLEGE

LAKE FOREST, IL
 July 21 - 24
 Overnight \$569 Extended Day \$459
 Valerie Clarke, Converse College Head Coach

**TOP of THE
 CLASS**

18+ NCAA COACHES FROM TOP
 ACADEMIC INSTITUTIONS, FOR A
 COMPLETE LIST VISIT FHCAMPS.COM

TOC NORTH

POMFRET SCHOOL

POMFRET, CT
 May 19
 Sunday Only \$259

TOC MID-WEST

LAKE FOREST ACADEMY

FOREST, IL
 June 8 - 9
 Two Days \$459

TOC SOUTH

SEVERN SCHOOL, SEVERNA PARK, MD

July 27 - July 28
 Two Days \$459
 NESCAC coaches



DID YOU KNOW?

The Revolution Field Hockey Camps are approved Partner Camps of the United States Field Hockey Association and our camp directors are certified to make player recommendations to the 2019-2020 USFHA Futures Program.



Team Discounts

5-9 Players
\$25 off

10 + Players
\$35 off

Email
support@FHcamps.com
for a Team Discount
Coupon Code

Sample Day & Half-Day Schedule

8:45 Day & Half-Day Campers Arrive
9:00 Daily Theme Workshop & Warm Ups
9:30 - 11:30 Technical Skill Work & Small Games
11:30 Cool Down & Extra Help
12:00 Half Day Campers Depart
12:00 Lunch
12:45 - 1:30 pm Spike Ball, Frisbee & Recess Games
1:30 pm - 3:00pm Strategy: Large Game Concept Training & Scrimmages
3:00 pm - Campers Depart

Sample Overnight & Extended Day Schedule

1st Day
12:00pm Registration
1:00pm - 2:00pm Orientation
2:00pm - 4:30pm Afternoon Field Hockey Session
4:30pm - 5:00pm Free Time
5:00pm - 5:45pm Dinner
6:00pm - 9:00pm Night Field Hockey Session/ Scrimmages
4:30pm - 5:00pm Free Time
6:00pm - 9:00pm Night Field Hockey

Session/ Scrimmages
8:30 Extended Day Campers Depart 2nd and 3rd Days
8:45am Extended Day Campers Arrive
9:00am - 11:30am Morning Field Hockey Session
11:30am - 12:30pm Lunch
12:30pm - 1:30pm Free Time
1:30pm - 4:00pm Afternoon Field Hockey Session
4:00pm - 5:00pm Free Time
5:00pm - 5:45pm Dinner
6:00pm - 9:00pm Night Field Hockey Session/Pick up

4th Day

8:45am Drop Off
9:00am - 11:00am Morning Field Hockey Session
11:15pm Closing Ceremonies
11:30pm - 12:00pm Check Out

Developmental Skill Work

Elimination Skills: Pulls, Spins, 2D - 3D Ball Control, Change in Speed
Shooting: Forehand, Grip, Target, Punch, Flip, Tipping, Backhand, Urgency
Defense: Good Positioning, Jabs, Tackles, Shaves, Double Team Flip, Tipping, Back hand, Urgency

Passing: On the Move, Transfer of Weight, Body Positioning, 1-2-3 touch passing, Off-Ball, Communication & Creating Space
Goalies: Basic & Advanced Lower Body & Upper Body Techniques

Chalk Talk & Film

Reviewing techniques and game theories. Schedules may vary. Chalk Talk topics include Nutrition, Recruiting, Elite Game Analysis, Bonding, Demos, Q/A and Guest Speakers.

Unsettled Situational Game Play

1 v 1 to 2 v 1 to 2 v 2 to 3 v 2....5 v 5
 Multi-Goal Games, Possession Games, Defensive Organization & Transitions.

Hockey Fun

Hockey Baseball, Chess, Steal the Bacon, Bingo
 Specialized Team Building Events. Hockey Minute to Win-It- Hockey Maze Runner, Spike Ball Tournament, Skits - In Addition to Other Leadership Activities

Scrimmages

Game Play 7v7 and Full Field Scrimmages

IT'S EASY TO REGISTER



Call: 1-800-944-7112
Fax: 203-254-0259



Online:
www.FHcamps.com



Revolution Field Hockey Camps
1700 Post Rd. Suite D-5
Fairfield, CT 06824

APPLICATION

Camper's First Name _____ Last Name _____

Address _____

City _____ State _____ Zip _____

Camper's E-mail _____

Date of Birth _____ Grade Entering '19-20 _____

Experience: Check all that apply: Varsity J.V. Freshman

Middle School Club Program Rec League Travel Team Camp NONE

Preferred Position _____ Team/School Name _____

USFHA Futures Participant (Yes / No) Want to Try Out at Camp (Yes / No)

Camp Location _____ Camp Start Date _____

Overnight Extended Day Day Half-Day

Roommate Request 1 _____

Roommate Request 2 _____

Billing/Parent First Name _____ Last Name _____

Address (if different) _____

City _____ State _____ Zip _____

Parent's Email Address _____

Home Phone _____ Primary Cell Phone _____

How did you first find out about the Rev FH Camps?

What are the primary sports played by the youth in your family? _____

Payment Information A \$20 Registration Fee is due with your camp payment. Final balances are due by May 15th. If you register after May 15th, full payment is due with your application. _____

Full Payment Deposit (\$200) Coupon Code _____

Credit Card # _____ Exp. Date _____
VISA or MasterCard only

Check # _____ Amount \$ _____ (Payment + \$20 Registration Fee)

Make Check Payable and Mail to: Revolution Field Hockey Camps
1700 Post Rd. Suite D-5, Fairfield, CT 06824
1-800-944-7112 Fax: 203-254-0259

On May 15th we will automatically bill your credit card the remaining balance. If you would like to opt out of the auto bill please check this box

I accept the conditions described online and in the brochure.

Parent's Signature _____

All Rights Reserved.

Registration

Register for any camp with space right up to the start of camp. Many camps will sell out, so be sure to apply early!

A \$20 Registration Fee and \$200 Deposit are due with your application. Final Balances are due May 15, 2019. If you register after May 15 for a camp with openings, full payment is required when you register.

To pay your balance, opt into the automatic billing option or use the "My Account" tab on our website to pay online. You may also call or mail in final payments.

Camper Check List

Campers are required to bring the following items:

- Field Hockey Stick
- Shin Guards
- Mouthpiece
- Goalie Equipment, if applicable
- Cleats, Turf Shoes or Sneakers
- Bag Lunch, Day Camps Only
- Eye Protection *Recommended*
- Signed Health Form*

If you have any special requirements regarding diet or medications please make sure to let us know.

*Bring Health forms on the first day of camp. Please do not mail health forms with other registration materials.

Camp Confirmation

To expedite customer service we communicate via email. To ensure you receive our paperwork, please provide us with a valid email address and add support@FHcamps.com to your safe sender's list.

Pre-Camp Packets with check-in & check-out, directions, packing list and health form, are attached to your confirmation email. You can also find this information under "Download Forms" at www.FHcamps.com.

Cancellation Policy

Any camper who must cancel, up to 6 days prior, to camp will receive a camp credit equal to the amount of camp tuition already paid. The credit is transferable to another family member and is good for any eCamps program through next summer (agreement begins at time of purchase). Any cancellation within 5 days of the start of camp will result in a camp credit minus \$100 cancellation fee. Cash refunds are not offered. Revolution Field Hockey Camps are owned and operated by eCamps Inc.



**The Nation's
Favorite Field Hockey
Camps**

**Revolution
Field Hockey Camps**
1700 Post Road
Suite D-5
Fairfield, CT 06824



DON'T MISS OUT ON A WINNING SUMMER. REGISTER EARLY!

(many camps sell out!)

- ▲ Train with the best coaches in the field
- ▲ Play at the top facilities in the country
- ▲ Overnight, day, and extended day programs
- ▲ Work on individual skills, team tactics, and conditioning



www.facebook.com/revolutionfieldhockey



[@revofieldhockey](https://twitter.com/revofieldhockey)



[revofieldhockey](https://www.instagram.com/revofieldhockey)

