

ALL GAME. ALL SUMMER.

Score an awesome summer with Revolution Field Hockey Camps



REGISTER
NOW FOR
2020

AGES 10 - 18
DAY & OVERNIGHT
CAMP PROGRAMS



FHCamps.com 800-944-7112 Support@FHCamps.com

Dear Campers,

You know you have what it takes to be the best. To be winners. Field hockey champions. We know it too. You've got the raw skill, the impressive smarts, and the boundless drive to amp your game.

And we're here to help you achieve all that and more! Revolution knows that the best players deserve nothing less than the best training. That's why we've formed a team from the nation's most prestigious coaches and combined it with elite-level curriculum.

When you take part in a Revolution camp, you know you're getting a unique experience that will impact the rest of your life—on and off the field. From fundamental drills all the way to full-field scrimmage strategy, you'll boost your skills, discover the true power of teamwork, and connect with new friends who love the game as much as you do!

So what are you waiting for? Register today and get ready to transform your game from "acceptable" into "amazing!"

Playing to win.

- The Revolution Camps Team

OUR PARTNER CAMPS

Since 2001, Over 100,000 athletes have attended our camps and become better players. For more information, please visit eCamps.com





ENERGIZE. UNIFY. ACCELERATE.

There's a lot happening on the hockey field. "Blink and you'll miss it". A few seconds delay... the briefest hesitation can make the difference between a win and a loss. Get the boost you need, accelerate your understanding of strategy, trim your reaction times, and supercharge your skills.

AMP YOUR CAMP!



Session Highlights

- ▲ Limited Edition Reversible Jersey, Waterbottle, Lanyard, & Ball
- ▲ Fun-filled Evening Activities
- ▲ Personal Evaluations
- ▲ Speed & Conditioning Trainers
- ▲ Daily Prizes & Camp Awards



Revolution Field Hockey Camp Directors are proudly certified by the Positive Coaching Alliance.

Safety, Supervision & Respect

We take camper safety seriously. Campers remain on campus under staff supervision for the duration of the camp.

Our staff resides in the dorms with the campers at all overnight camps. Athletic Trainers are available to provide injury prevention & first aid response.

Staff & International Coaches

- ◆ Maryland ◆ Duke ◆ Johns Hopkins
- ◆ American ◆ UConn ◆ UVA Yale
- ◆ Stanford ◆ UNH ◆ Boston College
- ◆ Princeton ◆ Northwestern ◆ Harvard
- ◆ UC Berkeley ◆ Amherst ◆ Tufts
- ◆ Penn State ◆ Middlebury
- ◆ UNC Bowdoin ◆ England ◆ Spain
- ◆ Australia ◆ Netherlands ◆ Argentina
- ◆ Canada

WE'RE PLAYING ON A FIELD NEAR YOU.

Our programs are located in top facilities around the country.
Discover a Revolution Camp convenient to where you live or vacation.

NORTHEAST

BATES COLLEGE, LEWISTON, ME
July 30 - August 2
Overnight \$569 / Extended Day \$459
Danielle Ryder Kogut, Bates College Head Coach

BREWSTER ACADEMY, WOLFEBORO, NH
July 12 - 15
Overnight \$589 / Extended Day \$489
Callie Lekas, Wellesley College Head Coach

WHEATON COLLEGE, NORTON, MA
July 20 - 22
Day \$325 / Half Day \$225
Brooke Marshall, Wheaton College Head Coach

DENNIS YARMOUTH HIGH SCHOOL, SOUTH YARMOUTH, MA
July 6 - 9
Day \$369 / Half Day \$259
Callie Lekas, Wellesley College Head Coach

MASS MARITIME ACADEMY, BUZZARDS BAY, MA
July 20 - 23
Overnight \$579 / Extended Day \$479
Rachel Palumbo, Catholic University Head Coach

SALVE REGINA UNIVERSITY, NEWPORT, RI
July 27 - 30
Overnight \$599 / Extended Day \$489
Jennifer Foster, Salve Regina Head Coach

RIDGEFIELD ACADEMY, RIDGEFIELD, CT
July 20 - 23
Day \$369 / Half Day \$250
Cheryl Canada, Former Quinnipiac Univ. Associate Head Coach

SACRED HEART UNIVERSITY, FAIRFIELD, CT
July 27 - 29
Overnight \$489 / Extended Day \$369
July 30
Day Clinic \$115
Sydney Van Der Merwe, Sacred Heart Head Coach

SMITH COLLEGE OVERNIGHT CAMP I, NORTHAMPTON, MA
July 15 - 18
Overnight \$595 / Extended Day \$479
Jaime Ginsberg, Smith College Head Coach

SMITH COLLEGE OVERNIGHT CAMP II, NORTHAMPTON, MA
August 3 - 6
Overnight \$595 / Extended Day \$479
Jaime Ginsberg, Smith College Head Coach

UMASS AMHERST- MOUNT IDA CAMPUS, NEWTON, MA
July 13- 15
Overnight \$450 / Extended Day \$325
Megan Shea, Merrimack College Head Coach

THE ROXBURY LATIN SCHOOL, WEST ROXBURY, MA
July 6 - 8
Day \$325 / Half Day \$225
Megan Shea, Merrimack College Head Coach



"I had a blast last summer. I became a better goalie. I made amazing friends. I've been to other sports camps, but this was the best!"

- Carly W., Camper

FIELD HOCKEY & LEADERSHIP ACADEMY, LAKEVILLE, CT
July 12 - 16
Overnight \$869 / Extended Day \$799
Christine Kemp, Wesleyan University Head Coach

GREENWICH HIGH SCHOOL, GREENWICH, CT
July 6 - 9
Day \$425 / Half Day \$249
Kayte Kinsley, Pace University Head Coach

THE HOPKINS SCHOOL, NEW HAVEN, CT
July 20 - 23
Day \$375 / Half Day \$250
Jennifer Morgan, Hopkins School Head Coach

SOUTHERN CONNECTICUT STATE UNIVERSITY, NEW HAVEN, CT
August 3 - 6
Day \$375 / Half Day \$250
Ann Berry, SCSU Ast. Coach

STAPLES HIGH SCHOOL - GINNY PARKER FIELD, WESTPORT, CT
August 3 - 6
Half Day \$319
Cheryl Canada, Former Quinnipiac Univ. Associate Head Coach

ST. JOSEPH HIGH SCHOOL, TRUMBULL, CT
July 6 - 9
Day \$399 / Half Day \$259

MID-ATLANTIC

HACKLEY SCHOOL, TARRYTOWN, NY
July 27 - 30
Day \$399 / Half Day \$229
Jenny Leffler & Sarah Budde, Hackley School Varsity Field Hockey Coaches

MONTCLAIR STATE UNIVERSITY, MONTCLAIR, NJ
July 19 - 22
Overnight \$589 / Extended Day \$489
Eileen O'Reilly, Montclair State Head Coach

THE HUN SCHOOL, PRINCETON, NJ
August 2 - 5
Overnight \$589 / Extended Day \$489
Kristen McCann, Founder of Focus Field Hockey Club Program



"The quality of strategy and skills Revolution teaches is unquestionable. The fact that they're grounded in real teamwork and positive values makes my job so much easier. You really have your priorities straight, RC!"

- Coach P, Stroudsburg, PA

QUEEN ANNE'S HIGH SCHOOL, CENTREVILLE, MD
 July 27 - 30
 Half Day \$250
 Rachel Palumbo, Catholic University Head Coach

GOUCHER COLLEGE, TOWSON, MD
 July 27 - 30
 Overnight \$579 / Extended Day \$479
 Stacy Eversley, Goucher College Head Coach

GARRISON FOREST SCHOOL, OWINGS MILLS, MD
 July 27 - 30
 Day \$350 / Half Day \$250
 Heather Hodges, Focus Field Hockey Club
 Richmond Director

HOOD COLLEGE, FREDERICK, MD
 August 2 - 5
 Overnight \$579 / Extended Day \$479
 Ann Andrews, Fromer Hood College Head Coach

SEVERN SCHOOL, SEVERNA PARK, MD
 August 3 - 6
 Day \$399 / Half Day \$259
 Ashley Kishorn, Eastern Mennonite University
 Head Coach

BRYN MAWR COLLEGE, BRYN MAWR, PA
 July 27 - 30
 Overnight \$579 Extended Day \$479
 Victor Brady, Bryn Mawr College Head Coach

MORAVIAN COLLEGE, BETHLEHEM, PA
 July 13 - 16
 Overnight \$479 Extended Day \$379
 Sarah Dalrymple, Moravian College Head Coach

WILKES UNIVERSITY, WILKES BARRE, PA
 July 20 - 23
 Day \$335 / Half Day \$225
 Katherine Bowie, Wilkes University Head Coach

SOUTH

GEORGE MASON UNIVERSITY, FAIRFAX, VA
 July 27 - 30
 Day \$369 / Half Day \$239
 Ann Andrews, Former Hood College Head Coach

VIRGINIA WESLEYAN UNIVRSITY, VA BEACH, VA
 July 6 - 9
 Overnight \$569 Extended Day \$459
 Christina Walker, Virginia Wesleyan University
 Head Coach

WEST

UNIVERSITY OF DENVER, DENVER, CO
 July 31 - August 3
 Overnight \$569 / Extended Day \$469
 Grace Goodbarn, Washington & Lee University
 Assistant Coach

MIDWEST

LAKE FOREST ACADEMY, LAKE FOREST, IL
 June 28 - July 1
 Overnight \$559 Extended Day \$459
 Jill Dixon, Wooster College (OH) Head Coach

TOP of THE CLASS

18+ NCAA COACHES FROM TOP ACADEMIC INSTITUTIONS, FOR A COMPLETE LIST VISIT FHCAMPS.COM

TOC MID-WEST
LAKE FOREST ACADEMY
 FOREST, IL

June 6 - 7
 Two Days \$459

TOC SOUTH
SEVERN SCHOOL, SEVERNA PARK, MD
 August 1 - 2
 Two Days \$459
 NESCAC coaches

TOC PA
SEVERN SCHOOL, SEVERNA PARK, MD
 August 9
 Sunday Only \$269
 NESCAC coaches



DID YOU KNOW?

The Revolution Field Hockey Camps are approved Partner Camps of the United States Field Hockey Association and our camp directors are certified to make player recommendations to the 2020-2021 USFHA Futures Program.



Team Discounts

5-9 Players
\$25 off

10 + Players
\$35 off

Email
support@FHcamps.com
for a Team Discount
Coupon Code

Sample Day & Half-Day Schedule

- 8:45 Day & Half-Day Campers Arrive
- 9:00 Daily Theme Workshop & Warm Ups
- 9:30 - 11:30 Technical Skill Work & Small Games
- 11:30 Cool Down & Extra Help
- 12:00 Half Day Campers Depart
- 12:00 Lunch
- 12:45 - 1:30 pm Spike Ball, Frisbee & Recess Games
- 1:30 pm - 3:00pm Strategy: Large Game Concept Training & Scrimmages
- 3:00 pm - Campers Depart

Sample Overnight & Extended Day Schedule

1st Day

- 12:00pm Registration
- 1:00pm - 2:00pm Orientation
- 2:00pm - 4:30pm Afternoon Field Hockey Session
- 4:30pm - 5:00pm Free Time
- 5:00pm - 5:45pm Dinner
- 6:00pm - 9:00pm Night Field Hockey Session/ Scrimmages
- 4:30pm - 5:00pm Free Time
- 6:00pm - 9:00pm Night Field Hockey

Session/ Scrimmages

- 8:30 Extended Day Campers Depart 2nd and 3rd Days
- 8:45am Extended Day Campers Arrive
- 9:00am - 11:30am Morning Field Hockey Session
- 11:30am - 12:30pm Lunch
- 12:30pm - 1:30pm Free Time
- 1:30pm - 4:00pm Afternoon Field Hockey Session
- 4:00pm - 5:00pm Free Time
- 5:00pm - 5:45pm Dinner
- 6:00pm - 9:00pm Night Field Hockey Session/Pick up

4th Day

- 8:45am Drop Off
- 9:00am - 11:00am Morning Field Hockey Session
- 11:15pm Closing Ceremonies
- 11:30pm - 12:00pm Check Out

Developmental Skill Work

- Elimination Skills:** Pulls, Spins, 2D - 3D Ball Control, Change in Speed
- Shooting:** Forehand, Grip, Target, Punch, Flip, Tipping, Backhand, Urgency
- Defense:** Good Positioning, Jabs, Tackles, Shaves, Double Team Flip, Tipping, Back hand, Urgency

Passing: On the Move, Transfer of Weight, Body Positioning, 1-2-3 touch passing, Off-Ball, Communication & Creating Space
Goalies: Basic & Advanced Lower Body & Upper Body Techniques

Chalk Talk & Film

Reviewing techniques and game theories. Schedules may vary. Chalk Talk topics include Nutrition, Recruiting, Elite Game Analysis, Bonding, Demos, Q/A and Guest Speakers.

Unsettled Situational Game Play

1 v 1 to 2 v 1 to 2 v 2 to 3 v 2....5 v 5
 Multi-Goal Games, Possession Games, Defensive Organization & Transitions.

Hockey Fun

Hockey Baseball, Chess, Steal the Bacon, Bingo
 Specialized Team Building Events. Hockey Minute to Win-It- Hockey Maze Runner, Spike Ball Tournament, Skits - In Addition to Other Leadership Activities

Scrimmages

Game Play 7v7 and Full Field Scrimmages

IT'S EASY TO REGISTER



Call: 1-800-944-7112
Fax: 203-254-0259



Online:
www.FHcamps.com



Revolution Field Hockey Camps
1700 Post Rd. Suite D-5
Fairfield, CT 06824

APPLICATION

Camper's First Name _____ Last Name _____

Address _____

City _____ State _____ Zip _____

Camper's E-mail _____

Date of Birth _____ Grade Entering '19-20 _____

Experience: Check all that apply: Varsity J.V. Freshman

Middle School Club Program Rec League Travel Team Camp NONE

Preferred Position _____ Team/School Name _____

USFHA Futures Participant (Yes / No) Want to Try Out at Camp (Yes / No)

Camp Location _____ Camp Start Date _____

Overnight Extended Day Day Half-Day

Roommate Request 1 _____

Roommate Request 2 _____

Billing/Parent First Name _____ Last Name _____

Address (if different) _____

City _____ State _____ Zip _____

Parent's Email Address _____

Home Phone _____ Primary Cell Phone _____

How did you first find out about the Rev FH Camps?

What are the primary sports played by the youth in your family? _____

Payment Information A \$20 Registration Fee is due with your camp payment. Final balances are due by May 15th. If you register after May 15th, full payment is due with your application. _____

Full Payment Deposit (\$200) Coupon Code _____

Credit Card # _____ Exp. Date _____
VISA or MasterCard only

Check # _____ Amount \$ _____ (Payment + \$20 Registration Fee)

Make Check Payable and Mail to: Revolution Field Hockey Camps
1700 Post Rd. Suite D-5, Fairfield, CT 06824
1-800-944-7112 Fax: 203-254-0259

On May 15th we will automatically bill your credit card the remaining balance. If you would like to opt out of the auto bill please check this box

I accept the conditions described online and in the brochure.

Parent's Signature _____

All Rights Reserved.

Registration

Register for any camp with space right up to the start of camp. Many camps will sell out, so be sure to apply early!

A \$20 Registration Fee and \$200 Deposit are due with your application. Final Balances are due May 15, 2020. If you register after May 15 for a camp with openings, full payment is required when you register.

To pay your balance, opt into the automatic billing option or use the "My Account" tab on our website to pay online. You may also call or mail in final payments.

Camper Check List

Campers are required to bring the following items:

- Field Hockey Stick
- Shin Guards
- Mouthpiece
- Goalie Equipment, if applicable
- Cleats, Turf Shoes or Sneakers
- Bag Lunch, Day Camps Only
- Eye Protection *Recommended*
- Signed Health Form*

If you have any special requirements regarding diet or medications please make sure to let us know.

*Bring Health forms on the first day of camp.
Please do not mail health forms with other registration materials.

Camp Confirmation

To expedite customer service we communicate via email. To ensure you receive our paperwork, please provide us with a valid email address and add support@FHcamps.com to your safe sender's list.

Pre-Camp Packets with check-in & check-out, directions, packing list and health form, are attached to your confirmation email. You can also find this information under "Download Forms" at www.FHcamps.com.

Cancellation Policy

Any Camper who must cancel their registration more than fifteen (15) days prior to the camp start date will receive a voucher equal to the full amount of camp tuition already paid which may be used toward any program or camp offered by eCamps. If a camper must cancel their registration fourteen (14) days or fewer prior to the start of camp, eCamps will issue camper or parent a voucher equal to 50% of the camp tuition, which can be transferred to a future program or camp within the same calendar year or next calendar year. The voucher is also transferable to another family member and is good for any camp offered by eCamps within one year of the date of purchase. Camp vouchers are not extended to campers who leave camp after the start of a session. Cash refunds are not offered under any circumstances. If eCamps Sports Network is forced to postpone your child's 2020 summer camp due to the facility being closed or by government mandate, you will receive a camp credit voucher for tuition fees paid (never expires, fully-transferable for any sport).



**The Nation's
Favorite Field Hockey
Camps**

**Revolution
Field Hockey Camps**
1700 Post Road
Suite D-5
Fairfield, CT 06824



DON'T MISS OUT ON A WINNING SUMMER. REGISTER EARLY!

(many camps sell out!)

- ▲ Train with the best coaches in the field
- ▲ Play at the top facilities in the country
- ▲ Overnight, day, and extended day programs
- ▲ Work on individual skills, team tactics, and conditioning



www.facebook.com/revolutionfieldhockey



[@revofieldhockey](https://twitter.com/revofieldhockey)



[revofieldhockey](https://www.instagram.com/revofieldhockey)

