

GREAT COACHES, GREAT FRIENDS, GREAT SUMMER



**GAME  
BREAKER**  
LACROSSE CAMPS



**Houston Baptist  
University**

Houston, TX

CAMP DATES:

**June 8 - 11**

**Boys Ages 8 - 16**

LaxCamps.com 800-944-7112 Support@LaxCamps.com

Established in 2001 - 100,000 Campers and Growing

## Team Discounts

5-9 Players  
\$25 off

10 + Players  
\$35 off

Email for Code



## Camp Location

### Houston Baptist University

Houston, TX  
Overnight and Extended Day  
All Abilities Welcomed

### Why GameBreaker Lacrosse

- Current Collegiate Players on Staff
- Run at Elite College and High School Institutions
- 8 to 1 Camper to Coach Ratio
- Specialized Instruction for All Positions
- Top Level College and High School Coaches
- Daily Contests, Prizes and Awards!

## Director



### Michael Song

- Head Coach at Westside High School
- Former Boys and Girls Lacrosse Director & Head Coach at Long Beach Polytechnic HS
- Texas High School Coach Lacrosse League Coach of the Year in 2019
- Former Star Midfielder on the Korean National Team
- Lehigh University NCLL All-Star



## Schedule

### Morning Training Session

**Developmental Stick Work**  
Specialized stick routines involving box and targeted fundamental drills

**Individualized Training**  
Defense, Attack, Midfield, Goalie,  
**Faceoff Specialist:** Footwork- Situational and Spatial Awareness - Situational Dodging- Mechanics - Sliding - Positioning

**Chalk Talk:** Reviewing techniques and game theories

### Afternoon Training Session

**Unsettled Situational Game Play**  
focused on spacial awareness specific to each type of situation, 1v2, 2v3, 3v4, 4v5

**Grouped Position Specific Training**  
Defense vs Attack, Midfield vs Midfield and LSM's: Focusing on Positioning, Game IQ and Spatial Awareness - 1v1, 2v2, 3v3. 4v4

**Specialized Team Building Events**  
Lax Capture the Flag- Lax Maze Runner- Movie Night- Spike Ball Tournament- In Addition to Other leadership Activities

### Evening Training Session

**Game Play**  
7v7- Clear, Ride and Full Field Scrimmages- Camp Championship

*All meals will be served in the dinning hall.  
Breakfast, Lunch and Dinner.*