



2017 Camp Confirmation Packet

Dear Parents and Campers,

I'd like to introduce our new Lacrosse and Leadership Camp for Boys to you. I have designed this camp to address a void in the growing lacrosse community. While players are spending time playing for sometimes multiple teams, there appears to be a lack of leadership and team building development. We have found the perfect facility for this camp—the Duquette Sports Academy. This locale offers us the best of both worlds—a top-notch training environment with several athletic fields, along with a traditional camp setting that comes complete with cabins, a dining hall, a lake, and camp fire area.

At camp, we will help campers learn about being part of something - a team or cause - bigger than themselves. The camp will combine outstanding lacrosse instruction with off-field camp activities designed to promote teamwork and teach leadership skills. At the end of camp, we want all campers to not only be better lacrosse players, but also recognize how as leaders they can be more valuable to their team, their school, and their community.

On behalf of our staff, I look forward to the opportunity to meet and work with you this summer.

Best regards,

Jeff Tambroni, Director
Head Coach, Penn State



2017 Lacrosse and Leadership Camp

Our Mission

Lacrosse & Leadership is a summer camp experience where your child will have the opportunity:

- 1) To develop his lacrosse skills.
- 2) To learn what it means to be a great teammate.
- 3) To learn how to become a more effective leader.
- 4) Finally, we will participate in several outdoor activities that will allow your son the opportunity to

Health and Safety

We want to ensure your child a safe and positive environment during their time at camp. Campers are expected to abide by the camp rules and live by our core values. Drugs, alcohol and tobacco products are strictly forbidden and constitute, along with general misconduct, grounds for dismissal from camp without a refund.

Final Payment

Final Payments are due in our office by July 1st. Any camper with a remaining balance will be prohibited from checking into camp. We do not accept final payments at camp. Final payments can be paid via mail, over the phone, or through your online account. If you are unsure about your balance, please call us at 800.944.7112

Cancellation Policy

In the event of a camper having to withdraw prior to the start of the session for any reason, a full camp credit of all camp tuition paid will be offered if the cancellation is up to five days before camp's start date. If the camper cancels within five days of the start of camp, regardless of reason, a camp credit will be given for the amount paid less \$100. The credit is transferable to another family member and is good through the 2018 season. There will be no credit offered for cancellations after the start of the camp session or for campers who leave camp early. Cash refunds are not offered under any circumstances.

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CHECK-IN

Arrival time is between 1:30-2:30pm on July 30th. The front gates will not be open before 1:30pm. Campers and families will be greeted by camp staff and directed to the appropriate cabins. Dinner will be the first meal served.

CHECK-OUT

Camper departure will be at 11:00am on the final day, August 3rd.

EXTENDED DAY CAMPERS

Beyond the first day, you should plan on arriving dressed and ready to play at 8:30am. Pick up times will vary each day, from 8pm-9pm--a schedule for daily departure will be explained at camp check-in.

HEALTH FORMS

Every camper must have the attached health history and release form filled out in order to attend camp. This form should be brought to camp and handed in at check in- **please do not mail ahead.**

[CONCUSSION INFORMATION FOR PARENTS](#)

*A physician's signature is required. If you cannot get our form signed by a doctor, you can attach a copy of any doctor-signed physical from within 3 years.

Don't Forget to Tell Your Friends!

Camp can be even more fun with a friend. Space is still available,
so remember to tell your
teammates to check out this session at **LaxandLead.com!**

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Checklist of Things to Bring

Below is a suggested list of items to bring to camp. We suggest that campers do not bring expensive personal items such as cameras, iPods/iPads, etc. Cell phones are allowed in the dorms and dining areas, but not on the field during training sessions. Please label every article you bring to camp. All items will be the responsibility of the camper. The camp and its staff are not responsible for lost, stolen or forgotten items.

- Health Form
- Lacrosse Stick, Helmet, Pads
- Cleats, sneakers, sandals, hiking shoes
- Mouthguard
- Athletic Socks
- T-Shirts
- Shorts
- Hat
- Sweatshirt/Sweatpants (gets cold at night)
- Off-Field Clothes
- Bedding Linens
- Blanket/Sleeping Bag
- Pillow
- Shower Towel
- Bathing Suit / Swim Towel
- Toiletries
- Alarm Clock
- Sunscreen
- Bug Spray
- Portable Fan

Getting to Camp

1. From Mass Pike (I-90) Exit #2 In Lee, MA.

After the toll plaza, take Rte 20 West toward Pittsfield (about 4 m.), Rte 20 merges with Rte 7, continue North on Rte 7 for approx. 4 additional miles. Turn right on Holmes road (immediately after a Mobil station) and follow for 3 miles. Turn right onto Williams street (about 2 m.), As you approach a large blue barn "Burgner Farm", bear RIGHT, then 100 yards ahead bear LEFT at split onto Kirchner road. Proceed on Kirchner about 5 minutes up and over the mountain (4.5 miles), Turn left on Rte 8 North to Hinsdale (about 2 m), Turn left onto Michaels road and proceed (0.6 mile) - Camp entrance is on the right side - Proceed to the Major League Clubhouse for registration.

Alternative Route on main roads: Stay on Rte. 7 North through Pittsfield. Turn right on Rte. 9 toward Dalton. Follow Rte. 8 South to Hinsdale. Turn right on Michaels Rd. This is about 15-20 minutes longer.

2. From Boston / New Hampshire / Maine / And Rhode Island Via The Massachusetts Turnpike (I-90)

Take Mass. Pike (Interstate 90) West towards Albany. Get off at Exit #2 for Lee. Follow directions from Section #1 above.

3. From New York City And Westchester

Take Major Deegan North to the NYS Thruway (Interstate 87) past first toll gate. Veer right onto Cross Westchester Parkway (Interstate 287) and then turn onto Rte. #684 North towards Brewster, NY. Before Brewster, veer right onto Rte. #84 East (Exit 9E) towards Danbury and Waterbury. At Waterbury, take Exit 20 which is Rte. #8 North follow it through Conn. Then into Mass. (approx 30 miles) Continue on RT #8 North, through Sandisfield, Otis and Becket. At the Bonnie Rigg Motel Corner, make a sharp left continuing on Rte.#8 North (approx. 10 miles). Continue through Washington. After you see the Town of HINSDALE sign, proceed approx 3.5 miles. You will notice a lumber yard on your right. ¼ mile ahead take a sharp left onto Michaels Road. Proceed 0.6 mile the entrance to the Sports Academy is on the right.

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Getting to Camp (Cont.)

4. From New Jersey / Pennsylvania & South - Route Via NY State Thruway

Departures from New Jersey and Pennsylvania the New York Thruway may be the best route. Enter the N.Y. Thruway at the closest point to your highway and go North on Thruway to Exit 21A. Turn right at Exit 21A onto the Berkshire Section of the New York Thruway which becomes the Massachusetts Turnpike at the State Line. Continue on the Mass. Tpke. to Exit #2, Lee. Follow the directions from Section #1 above.

5. Route Via Taconic Parkway

Leave New York City on West Side Highway which leads into Saw Mill River Parkway. At the Hawthorne Interchange, move to the right lane and follow signs to Albany and Taconic Parkway. Stay on Taconic Parkway to the end. Turn right onto Massachusetts Turnpike (I-90). Take exit #2 at Lee, MA. Follow the directions from Section #1 above.

6. From Long Island, NY

Throgs Neck Bridge to Hutchinson River Parkway North (or Route 95 North) to Route 287 West to Sprain Brook Parkway North, which becomes Taconic State Parkway North. Follow the Taconic Parkway instructions from Section #5 above.

7. From Pittsfield, MA

Take North Street (at town center rotary) to Rte #9 East (Tyler Street). Follow for a few miles to a large intersection (containing McDonalds, Friendly's, Pizza Hut). Continue straight to pick up Rte#8 South and continue through Dalton and into Hinsdale. In Hinsdale Center (only traffic light) proceed straight continuing on Rte #8 South for approximately 1.3 miles. After RR overpass make a right onto Michaels Road and follow for 0.6 miles. The Dan Duquette Sports Academy will be on your right.

8. From Albany, NY

Take US Route 20 East towards approximately 30 miles into Massachusetts. Follow US 20 into Pittsfield center. At Intersection of Route 20 and Route 7 (South Street), take a left and follow straight ahead to Rotary in center of town. Proceed around rotary following North Street (to Rt. 9) to the intersection of Route 9 East. FOLLOW DIRECTIONS DIRECTLY ABOVE FROM PITTSFIELD SECTION where you are on Route 9 East (Tyler St.)

Or you can use mapquest for custom directions, [click here](#).

GameBreaker Lacrosse Camps Health Record and Medical Release

Every camper must have this health record filled out and bring it with them to camp check-in. Camps held in CT, MA or NY require this form to be completed and signed by a physician before your child can participate at summer camp. An attached physician’s signed physical dated within two years from the start of camp will suffice.

PLEASE DO NOT MAIL AHEAD.

Camp Attending _____

Camper Name _____

 Last First Middle Initial

DOB _____ Age _____ Gender _____

Parent/Guardian _____

Address _____

Phone (Home) _____

Phone (Work) _____

Emergency Contact _____

Phone (Home) _____

Phone (Cell) _____

Immunization History (Please List Dates)

Copy of Immunization Record Preferable.

DPT _____ Booster _____

DT _____

Polio OPV (Sabin) _____ Booster _____

Measles/Mumps/Rubella (MMR) #1 _____ #2 _____

Hepatitis B #1 _____ #2 _____ #3 _____

Chickenpox _____

Tetanus _____

Turberculin _____

Pneumococcal Conjugate _____

Haemophilus Influenza b (HIB) _____

Health History

_____ May Participate in all camp activities

_____ May participate except for _____

Does this individual have allergies? YES NO

Explain _____

Does the individual have special needs? YES NO

Explain _____

I’ve examined the above camper within the past 2 years. YES NO

Date Examined _____

Physician’s Signature* _____

Physician’s Name _____

Date _____

Address _____

Phone _____

***PHYSICIAN’S SIGNATURE ONLY REQUIRED FOR CAMPS HELD IN CT, MA or NY**

Insurance Information

Health Insurance Provider _____

Policy/ID Number _____

Policy Holder’s Name & DOB _____

Insurance Provider Contact: Phone _____

Parent’s Authorization

I warrant and represent to GameBreaker Lacrosse (“GBL”) that I am the parent and/or guardian of the above-named participant and that I am authorized to execute this Consent and Release on behalf of my minor child. I hereby request you (GBL) accept this agreement for my child’s enrollment in the GBL event(s) listed on this form (Events). In consideration of GBL’s acceptance of this agreement, I hereby agree to release, hold harmless, and indemnify GBL, and all of their respective owners, agents, employees, sponsors, representatives and assigns, from and for any and all claims resulting from any injuries or death sustained by my child while participating in the Events, or in traveling to or from the Events. I acknowledge that lacrosse is a contact sport, and understand that, although rare, there is a risk of serious injury or death associated in playing the sport. I hereby give permission to the coaches, training staff, and other medical professionals to provide medical care as deemed necessary to my child in case of any injury or illness and I agree that I will be financially responsible for the cost of same. I understand that every attempt will be made to contact me, or the emergency contact, before taking this action. I acknowledge and agree that I am responsible for outfitting my child with the appropriate equipment (stick, gloves, elbow pads, shoulder pads, mouth guard and helmet) for the Events, and I agree that my child will wear their helmet at all times during the Events. I also acknowledge that GBL has provided me with a link in the registration packet to further information on concussions in sports.

Parent Signature _____ Date _____

NOTE All medication will be checked and kept by the trainer. All prescription medications must be in their original case/box with the legible prescription label; including inhalers. The “prescribers authorization form” must accompany all medication and requires the physician’s signature in CT, MA & NY. **The Administration of Medication Form must accompany all medication for camps in CT.** This form is available for download on LaxCamps.com.