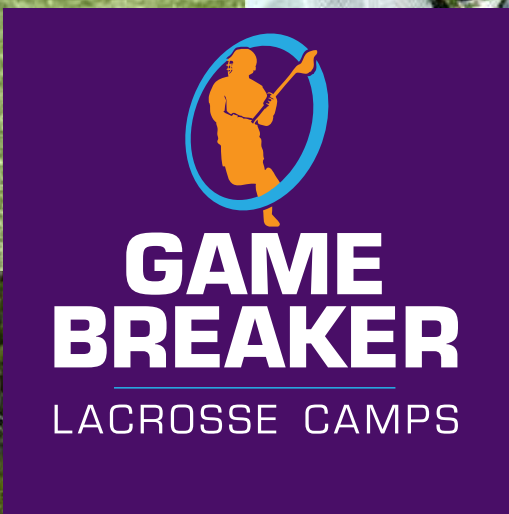


GREAT COACHES, GREAT FRIENDS, GREAT SUMMER



# Mass Maritime Academy

Buzzard's Bay, MA

CAMP DATES:

**July 20 - 23**

**Boys Ages 8 - 16**

LaxCamps.com 800-944-7112 Support@LaxCamps.com



Established in 2001 - 100,000 Campers and Growing

## Team Discounts

5-9 Players  
\$25 off

10 + Players  
\$35 off

Email for Code



## Camp Location

# Mass Maritime Academy

Buzzard's Bay, MA  
Overnight and Extended Day  
All Abilities Welcomed

This camp complies with all regulations of the Massachusetts Department of Public Health and is licensed by the local board of health. (105 CMR 430.190. (C))

## Why GameBreaker Lacrosse

- Current Collegiate Players on Staff
- Run at Elite College and High School Institutions
- 8 to 1 Camper to Coach Ratio
- Specialized Instruction for All Positions
- Top Level College and High School Coaches
- Daily Contests, Prizes and Awards!

## Co-Directors

### Jeff Cohen

- 10 year Head Coach at Clark University
- All-time leader in wins at Clark University
- 2x Pilgrim League Coach of the Year
- 2x NEWMAC All Conference



### Daniel Thomas

- Assistant Coach at Clark University
- Former Welsh National Team Coach
- Standout at the University of Southern Maine

## Schedule

### Morning Training Session

#### Developmental Stick Work

Specialized stick routines involving box and targeted fundamental drills

#### Individualized Training

**Defense, Attack, Midfield, Goalie, Faceoff Specialist:** Footwork- Situational and Spatial Awareness - Situational Dodging- Mechanics - Sliding - Positioning

**Chalk Talk:** Reviewing techniques and game theories

### Afternoon Training Session

#### Unsettled Situational Game Play

focused on spatial awareness specific to each type of situation, 1v2, 2v3, 3v4, 4v5

#### Grouped Position Specific Training

**Defense vs Attack, Midfield vs Midfield and LSM's:** Focusing on Positioning, Game IQ and Spatial Awareness - 1v1, 2v2, 3v3, 4v4

#### Specialized Team Building Events

Lax Capture the Flag- Lax Maze Runner- Movie Night- Spike Ball Tournament- In Addition to Other leadership Activities

### Evening Training Session

#### Game Play

7v7- Clear, Ride and Full Field Scrimmages- Camp Championship

All meals will be served in the dining hall.  
Breakfast, Lunch and Dinner.