

GREAT COACHES, GREAT FRIENDS, GREAT SUMMER



**GAME
BREAKER**

LACROSSE CAMPS



Roxbury Latin School

West Roxbury, MA

CAMP DATES:

June 29 - July 1

Girls Ages 6 - 16

LaxCamps.com 800-944-7112 Support@LaxCamps.com

Established in 2001 - 100,000 Campers and Growing

Team Discounts

5-9 Players
\$25 off

10 + Players
\$35 off

Email for Code



Camp Location

Roxbury Latin School

West Roxbury, MA
Day and Half Day
All Abilities Welcomed

Why GameBreaker Lacrosse

- Current Collegiate Players on Staff
- Run at Elite College and High School Institutions
- 8 to 1 Camper to Coach Ratio
- Specialized Instruction for All Positions
- Top Level College and High School Coaches
- Daily Contests, Prizes and Awards!

Director



GameBreaker Lacrosse Camps are considered the finest in the country because of our elite coaching staff. Each Coach is dedicated to the personal development and improvement of each individual camper.



Schedule

Morning Training Session

Developmental Stick Work

Specialized stick routines and targeted fundamental drills

Individualized Training

Defense, Attack, Midfield, Goalie, Draw Specialist: Footwork- Dodging-Situational and Spatial Awareness - Mechanics - Stick Protection - Positioning

Unsettled Situational Game Play

Focused on spacial awareness specific to each type of situation, 1v2, 2v3, 3v4, 4v5 and 5v6

Chalk Talk: Reviewing techniques and game theories implemented in camp

Afternoon Training Session

Grouped Position Specific Training

Defense vs Attack, Midfield vs Midfield: Focusing on Positioning, Game IQ and Field Awareness - 1v1, 2v2, 3v3. 4v4, 5v5, 6v6

Game Play

7v7- Clear, Ride and Full Field Scrimmages- Camp Championship

Specialized Team Building Events

Lax Capture the Flag- Lax Maze Runner- In Addition to Other leadership Activities