


GREAT COACHES, GREAT FRIENDS, GREAT SUMMER



**GAME
BREAKER**
LACROSSE CAMPS

Salve Regina University

Newport, RI

CAMP DATES:

July 5 - 8

Girls Ages 8 - 16

LaxCamps.com 800-944-7112 Support@LaxCamps.com

Team Discounts

5-9 Players
\$25 off

10 + Players
\$35 off

Email for Code



Camp Location

Salve Regina University

Newport, RI
Overnight and Extended Day
All Abilities Welcomed

Why GameBreaker Lacrosse

- Current Collegiate Players on Staff
- Run at Elite College and High School Institutions
- 8 to 1 Camper to Coach Ratio
- Specialized Instruction for All Positions
- Top Level College and High School Coaches
- Daily Contests, Prizes and Awards!

Co-Directors

Laura Field

- Head Coach, Fairfield University
- Ranks 2nd in All-Time Program Wins
- 2x MAAC Champion Head Coach
- 1st Team All-Ivy Goaltender at Princeton

National Champion Runner-Up

Clarissa Clarke

- Former Assistant at Yale
- Director of Nor'easter Lacrosse
- Team Captain and Regional All-American at Yale



Schedule

Morning Training Session

Developmental Stick Work
Specialized stick routines and targeted fundamental drills

Individualized Training
Defense, Attack, Midfield, Goalie,
Draw Specialist: Footwork- Situational and Spatial Awareness - Dodging- Mechanics - Stick Protection - Positioning

Chalk Talk: Reviewing techniques and game theories

Afternoon Training Session

Unsettled Situational Game Play
focused on spacial awareness specific to each type of situation, 1v2, 2v3, 3v4, 4v5

Grouped Position Specific Training
Defense vs Attack, Midfield vs Midfield:
Focusing on Positioning, Game Philosophy's and Techniques- 1v1, 2v2, 3v3, 4v4

Specialized Team Building Events
Lax Capture the Flag- Lax Maze Runner- LAX Water Balloons Movie Night- Spike Ball - In Addition to Other Leadership Activities

Evening Training Session

Game Play
7v7- Clear, Ride and Full Field Scrimmages - Camp Championship

*All meals will be served in the dining hall.
Breakfast, Lunch and Dinner.*