



# After School PROGRAM

CLASS LISTINGS





# After3 Lower School Fall/ Winter2018 Class Listings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chess: Beginning / Intermediate with Chess Focus (K-2) \$495	Chess: Beginning / Intermediate with Chess Focus (K-5) \$495	Beginning Mandarin with TD Learning (K-2) \$495	Anatomy Through Drawing and Movement with Jonny Hart (3-5) \$450	Animation Adventures! with The Good School (2-5) \$550
Beginning Jr. FLL Robotics With Makerstate (K-2) \$585	Debate - Skill Building with TBA (4-5) \$450	Chess: Beginning / Intermediate with Chess Focus (K-5) \$495	Chess: Beginning / Intermediate with Chess Focus (K-5) \$495	Science Jr. Explorers with Mad Science - <b>NEW!</b> (K-2) \$495
Science Jr. Explorers <b>NEW!</b> with Mad Science (K-2) \$495	Digital Music: Arrays, Sequencing, Coding and Composition - <b>NEW!</b> With Mark Denado (3-5) \$450	Chess Team - Tournament Players Intermediate & Advanced (K-5) See Description	After3 Comedy /Improv Club with Andrew Del Vecchio (2-5) \$395	Cub Scouts (1-5th) See Description
Homework Club Jr. and Homework Club Sr. (K-2)&(3-5) \$250	Homework Club Jr. and Homework Club Sr. (K-2) & (3-5) \$250	Coding Phone Apps with Launch Math (3-5) \$585	Engineering Fundamentals with Lego Building (K-2) \$495	Flight Club: Aviation with Hobby Quest (1-3) \$395
Intermediate Mandarin with TD Learning (1-4) \$495	Kodu Programming & Game Design with Makerstate (1-3) \$585	Graphic Design with With Michele Barber-Perry (4-5) \$475	Homework Club Jr. and Homework Club Sr. (K-2)&(3-5) \$250	Girl Scouts of Greater New York (7) See Description
Inventor's Club with MarkerState (3-5) \$585	Spanish - Beginner with ABC Languages (k-1) & (2-4) \$495	Fencing with Sheridan Fencing Academy (2-5) \$585	I Wanna Be...A Coder! with Launch Math (K-1) \$585	I am Every Girl (6) See Description
Karate & Advanced Karate with Amelia Sheftall (K-5) \$395/\$425 Advanced	Splat, Boom, Pow! with Mark Hurwitt (K-2) \$385	Homework Club Jr. and Homework Club Sr. (k-2nd) & (3rd-5th) \$250	Mandarin Immersion with Project You Start (K-2) \$525	Indoor / Outdoor Games and Activities with Mr. D (K-5) \$250
The Mystery of Magic with Adam Cardone (3-5) \$395	Super Soccer Stars (K-2) \$400	Rockin Robots with Launch Math (3-5) \$585	Movie and IMovie-- <b>NEW!</b> With Kostis Kiritisis (4-5th) \$450	Paul Taylor Dance with Paul Taylor Dance Company (K-2) \$425
Python Coding with Launch Math (3-5) \$585	Swimming: Open Levels with Physique Swim School (1-5) \$595	Super Soccer Stars (K-2) \$400	Quick Start Tennis with John Dergosits (3-5) \$395	Photography- Junior Lab with Kostas Kiritisis (K-2) \$400
Rollerblading with Kids on Wheels (1-5) \$385	Violin with InterPlay (K-5) \$525	Swimming: Beginning - Intermediate - <b>NEW!</b> (K-4) \$595	Super Soccer Stars (K-2) \$400	Rock Guitar with NYC Guitar School (3-5) \$400
Skateboarding with Kids on Wheels (1-5) \$385	Young Actor Workshop & Play Lab with The New Acting Company (2-5) \$495	Writopia Lab (4-5) \$550	Swimming: Open Levels with Physique Swim School (1-5) \$595	Quick Start Tennis with John Dergosits (K-2) \$385
Storybook Theater with The New Acting Company (k-1st) \$495			Violin With InterPlay (K-5) \$525	Swim Team - <b>NEW!</b> with Physique Swim School (3-5) \$550

\*\*\*Subject to Change\*\*\*

\*\*\*Registration Fee Applies\*\*\*

\*\*\*Supervised care/ homework club before and after specialized programs are provided at no additional charge and are not obligatory!\*\*\*

### **After3 Comedy Club/Improv** with Andrew Del Vecchio

Grades: 2-5  
Day(s): Thursday  
\$395

Students will learn valuable theater and comedy performing skills while developing a comedy show to be performed at the end of the semester. While improvisation is the focus, those interested in Stand-Up and Sketch Comedy will have the opportunity to create original material.

### **Anatomy Through Drawing And Movement**

with Jonny Hart  
Grades: 3-5  
Day(s): Thursday  
\$450

This innovative and engaging class teaches kids about anatomy through drawing and movement. Coach Jonny Hart uses different exercises to illustrate concepts and develop skills, as kids fluidly move between drawing, anatomy and parkour-based exercises. It's the perfect blend of art, science and exercise! Jonny has a Masters of Fine Art from the New York Academy of Art. He has studied anatomy intensely for the past 7 years to perfect his painting skills. He is also a dedicated practitioner of parkour and uses his understanding of anatomy to help students develop healthy relationships with movement and art.

### **Animation Adventures!**

with The Good School  
Grades: 2-5  
Day(s): Friday  
\$550

Students in this stop motion animation after-school class explore new frontiers of stop motion animation. Whether they are animating with found objects, legos, paint, or clay, this class is sure to excite!

These young animators will use professional-grade stop-motion software, Dragonframe Stop Motion, and will get familiar with using professional-grade tech such as DSLR cameras, tripods, and Mac computers. The resulting short films can be screened again and again, downloaded, and shared with the world.

### **Beginning Mandarin**

with TD Learning  
Grades: K-2  
Day(s): Wednesday  
\$495

This class is open to students continuing from last semester and new students.

TD Learning Mandarin Afterschool Program helps your child learn this increasingly important world language. Students will learn how to read and write Chinese characters using textbooks, flashcards, practice homework, books and DVDs, including pronunciation help and computer-based language skill-building games. Limited enrollment. One time materials fee included. For more information, contact [tinapraise@yahoo.com](mailto:tinapraise@yahoo.com).

TD Learning Chinese language program is an enrichment model that challenges all students to become fluent in Chinese. Classes are taught by bilingual teachers who are fluent in Chinese and English. We will serve a diverse population of students, in addition to exposing students to Chinese culture; This will provide an exceptional opportunity for promoting respect of the different cultures and beliefs of those around them.

### **Beginning Jr. FLL Robotics**

with MakerState  
Grades: K-2  
Day(s): Monday  
\$585

This course is designed to foster students interested in science and engineering who are just getting started in the world of Robotics. Facilitated by adult mentors, the students research, think critically and imagine ways to solve challenges. The students will be mentored to produce both (1) a tri-fold poster of the team journey and (2) a LEGO model with at least one movable piece comprised of 400 to 1,000 LEGO parts during the season. This course fosters teamwork, critical thinking, and will be a fun journey where imagination and creativity are mapped to building a movable machine.

### Graphic Design

with Michele Barber-Perry

Grades: 4-5

Day(s): Wednesday

\$475

In this Graphic Design class, students will learn to think like a designer! Get ready to explore layouts, grids, and fonts—while having lots of fun! They'll learn the basics of design through a variety of print and web-based projects, including invitations, logos, animated gifs, book covers, greeting cards, t-shirt designs and posters for real NEST+m events that will be displayed throughout the school. This class is open to fourth and fifth graders only.

### Chess: Beginning/Intermediate

with Chess Focus/Jovan Miletic

Grades: K-5

Day(s): Monday, Tuesday, Wednesday or Thursday

\$495 Per Day

This class is open to beginner and intermediate chess players. Students will be grouped based on ability. Beginner students will learn the basics in a fun and friendly environment. Students will learn how all the pieces move and how to checkmate. They will be introduced to opening principles and various phases of play. Students will also be taught chess notation and use of the clock.

Intermediate players will gain a deeper understanding of openings, and get an introduction to middle and end games. They will focus on tactics and puzzle solving, and play tournament style games.

### Chess Team- Advanced Tournament Players

with IM Giorgi Bakhtadze

Grade: K-5

Day(s): Wednesday

\$550

Prerequisite: USCF rated 800+

This class is intended for advanced chess players with an USCF rating of 800+ and is geared for players who represent NEST+m at major local and national tournaments. The focus of this class will be on advanced tactics and strategy. Students will gain a deeper understanding of middle and end games. Students will also be introduced to the history of chess and famous games from chess world champions will be analyzed. The class will include tournament style play with game analyses. Regular homework can be expected.

### Chess Team: Intermediate Tournament Players

With Laila Faerman

Grades: K-5

Day(s): Wednesday

\$550

Prerequisite: USCF rated (400 - 800)

This class is geared for intermediate tournament players who represent NEST+m at major local and national tournaments. Players must have a USCF rating > 400 and play an average of two tournaments per month. The class is suitable for groups USCF rated (400 - 800) The focus of this class will be on advanced tactics and strategy. Students will gain a deeper understanding of middle and end games. Students will also be introduced to the history of chess and famous games from chess world champions will be analyzed. The class will include tournament style play with game analyses. Regular homework can be expected.

### Coding Phone Apps

with Launch Math

Grade: 3-5

Day(s): Wednesday

Price per day: \$585

In this workshop kids create their very own Android apps for use on mobile and tablet devices! With an interface similar to Scratch, MIT's user-friendly App Inventor system enables kids to learn how to design a GUI (graphical user interface), where to place buttons and text, and how to strategically use multiple screens. Conditional statements and Boolean operators are examples of critical programming elements explored during the workshop. No previous coding experience is required for 4-5th graders. **Please note this program is open to students in 3rd grade who have some experience with Scratch or coding.**

### Science Jr. Explorers! - NEW!

with Mad Science

Grades: K-2

Day(s): Monday OR Friday

\$495 per day

Open to new and returning students.

Join Mad Science at After3 this session and discover why science is the real star on the big screen. You'll create cool sound effects and build your very own robot hand to take home in a class that focuses on technology. Harness the sun's heat and ramp up a power generation station. Get linked in to a network and work with radio signals. Conduct hands-on experiments that will provide the opportunity to explore the force of gravity and even defy gravity! Some of the classes in this session include: Movie Effects, The Science of Magic, Sonic Sounds, Optical Illusions, Wacky Water, The Science of Toys, Radical Robots, The Science of Art, Great Gravity, and Get Connected.

### Cub Scouts

Grade: 1-5

Day(s): Friday

\$250

*Please note this course will have limited enrollment for the Fall/Winter, with priority registration for current Troop members.* Scouting is uniquely designed to meet the needs of children and their families. The program offers fun and challenging activities that promote character development and physical fitness. Family involvement is an essential part of the program, and parents are encouraged to play an active role in making the most of the short time they have to impact the lives of their children. Please note course fee includes membership for both student and one adult. Cub Scouts lets kids have fun while teaching them skills that will help them later on. With a program expertly tailored to match each age in a young child's life, Cub Scouts learn that even when fun isn't easy, it's always an adventure. In Scouting, everything has a purpose. And it shows kids that doing their best is the most fun of all.

### Debate - Skill Building

with TBA

Grades: 4-5

Day(s): Tuesday

\$450

Debate Club seeks students who like to research, organize notes, and debate about important topics. Please note this course is a skills building class only.

### Digital Music: Arrays, Sequencing, Coding and Composition-New!

with Mark DeNardo

Grade: 3-5th

Day(s): Tuesday

\$450

This program will teach the fundamentals of digital music through two separate architecture: Teenage Engineering Pocket Operator and the Sonic\_Pi live coding music synth. Students will learn how to code, compose, sequence, and produce their own music. Projects will be based a new emphasis each week, which will reinforce STEM concepts of the array, coding, and the use of functions. Each student's work will be shared through a soundcloud account made for the class. There will be a performance at the end of the semester featuring student work.

### Engineering Fundamentals with Lego

with Marciano Jermie

*Grades: K-2*

Day(s): Thursday

\$495

Design and build motorized machines, catapults, pyramids, demolition derby cars, truss and suspension bridges, buildings, and other constructions. Explore concepts in physics, mechanical engineering, structural engineering, and architecture while playing with your favorite creations. This is a hands-on and minds-on class suitable for LEGO® novices to “maniacs.” This class is not affiliated with the LEGO Group.

### Fencing

with Sheridan Fencing Academy

Grades: 2-5

Day(s): Wednesday

\$585

Students enjoy a step-wise, intensive introduction to the technique, rules, strategy, and improvisational beauty of the sport of fencing. They enjoy the learning process and take pride and pleasure in their efforts by focusing on the rewards, not the labor involved. Through activities and exercises they develop fundamental skills in a way that brings fun and exuberance to the learning process. From the first traditional salute at the beginning of class to bouting practice at its end, the focus is on good sportsmanship, self-regulation, athleticism, and the magic of the swash and buckle.

### Flight Club: Aviation

with Hobby Quest

*Grades: 1-3*

Day(s): Friday

\$395

Calling all fliers – do you love airplanes? Build your very own aircraft and watch them fly overhead! First we’ll kick things off with the ZING WING. Using a high-speed slingshot launcher, this boomerang-shaped flier soars to heights as great as five stories before gliding back down to you! Then we’ll launch the classic monoplane J3 PIPER. Featuring a tension driven propeller and a high mounted wing configuration, this model is built for power and extra long flight durations. From there we’ll explore the science of flight in our special aviation lab. Using exciting and engaging hands-on experiments, we’ll learn the ins and outs of aeronautical engineering, from how a plane can lift off and stay airborne to the many ways you can alter aircraft to achieve maximum flight time, maneuverability, and special features. Putting all that knowledge to good use, we’ll DESIGN AND BUILD ORIGINAL AIRCRAFTS - creating, testing, and flying our own one-of-a-kind inventions. And for our finale we’ll build the DRAGONFLY. Featuring an electric motor and an expansive wingspan, this ever-popular model boasts hearty glide stability and flight times as long as 90 seconds. So whether you’re an aspiring pilot or just an airborne fan, clear your creativity for take-off and let your imagination soar!

### Girl Scouts of Greater New York

**Grades: 7**

**Day(s): Friday**

**\$250**

*Please note this course is NOT ACCEPTING NEW STUDENTS for the Fall/Winter 2018 semester.* As a Girl Scout you'll get to participate in exciting activities, go on wonderful trips, learn about new careers, create your own community improvement project, meet great friends, and help make the world a better place. That's not all! You'll learn about setting goals, managing money, and marketing by selling our famous and delicious Girl Scout Cookies. Ultimately, you'll gain the skills needed to join the next generation of leaders. Everything you'll do—be it performing science experiments, creating art projects, cooking meals, or learning to protect the planet's water supply—is aimed at helping you. Please note course fee includes membership for both student and one adult. The Girl Scout group is a volunteer run activity and will require parent participation to make it successful. There are many ways parents can help: Aid our group during activities, create weekly email updates, head the cookie project, organize the camping trip, attend Girl Scout meetings and other smaller tasks. This group is only successful if all parents and girls work together!

### I Am Every Girl

**Grades: 6**

**Day(s): Friday**

**\$250**

*Please note this course is not open for additional registration for the Fall/ Winter 2018 semester.*

Mission Statement: To accept all girls as equal, work together as leaders for change, make their communities and world a better place for all people. This group will teach girls that by working together they can make a difference in their lives and communities. Groups will complete fun and creative projects that will help them learn new skills and build self esteem. We believe girls can make a difference by leading and inspiring others. By working individually and in groups girls will have opportunities to learn new skills and make a direct impact on their world. This is a volunteer lead group and will require parental involvement. There will at times be projects or trips outside the normal meeting hours.

### Homework Club Jr. and Homework Club Sr.

**Grades: K-2 & 3-5**

**Day(s): Monday - Thursday**

**\$250 Per Day**

This class is for kids who would like to spend their after school time doing homework. We have qualified instructors to support children doing their homework. For children that don't have homework, they will be kept busy with games or free play. Kids are separated into two groups: Homework Club Jr. is K-2 and Homework Club Sr. is 3-5.

### Indoor/Outdoor Games and Activities

**with Dion Domicello "Mr. D"**

**Grades: K-5**

**Day(s): Friday**

**\$250**

Friday Fun Day! In this course, students will participate in indoor/outdoor games and exercises, organizational group games, and sports as a platform to teach students social-life skills and positive reinforcement while enjoying the interaction with their peers.

### Intermediate Mandarin

**with TD Learning**

**Grades: 1-4**

**Day(s): Monday**

**\$495**

This course is for students who were in the program for one year or students that have some exposure to Mandarin. TD Learning Mandarin Afterschool Program helps your child learn this increasingly important world language. Students will learn how to read and write Chinese characters using textbooks, flashcards, practice homework, books and DVDs, including pronunciation help and computer-based language skill-building games. Limited enrollment. One time material fee included. For more information, contact [tinapraise@yahoo.com](mailto:tinapraise@yahoo.com).

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### Inventor's Club

with MakerState  
Grades: 3-5

Day(s): Monday  
\$585

Young engineers will design smart electronics in this fun, project-centered introduction to creative DIY smart circuits. Our creations will light up, beep, spin, and inspire! We'll explore circuit design with Snap Circuits and create sensors with littleBits. We'll hand-write electrically conductive poems with CircuitScribe and build touch-sensitive devices with the MaKey MaKey controller, transforming everyday objects into buttons and switches. We'll mold and shape our own circuit inputs with Squishy Circuits, a conductive Play-Doh material that emphasizes creativity. And we'll make paper circuits and wearable electronics that allow us to interact with our world. This is a great introduction to "physical computing", the Design Thinking Process, and computer hardware functionality and design...all without computers!

### I Wanna Be...A Coder!

with Launch Math  
Grade: K-1

Day(s): Thursday  
\$585

Calling all future coders! Using the ScratchJr tablet app, budding computer scientists build a foundation in computer programming. It all starts with the design of customized characters, the changing of backgrounds, and the testing of motion blocks as the kids get a grasp of the basics. Next, these mini-coders explore more complex skills such as sequencing motion blocks and creating interactions between characters, with the end goal of putting their own spin on an interactive story or game! Each session also includes unplugged activities that enable the kids to problem-solve and explore programming logic away from the computer screen as well!

### Kodu Programming & Game Design

with Makerstate

*Prerequisite: Reading, Writing and basic Typing*

Grades: 1-3

Day(s): Tuesday

\$585

Budding programmers will use Kodu to create games through a simple visual programming language. We'll code and build teleportation machines, interactive castles, and island adventure worlds and along the way learn programming, as well as creativity, problem solving, and storytelling skills.

### Karate

with Amelia Sheftall

Grades: K-5

Day(s): Monday

\$395/ \$425 (advanced)

The After3 karate program incorporates warming up; stretching; review of fundamental karate techniques; formal kata; meditation, and Japanese terminology in each class. There are also fun games that increase stamina and overall fitness. Each semester there will be a promotion where students who are prepared and who have accumulated enough class hours will be asked to attend a special event to receive their new belt or advanced stripe for that belt level. These promotions are wonderful experiences for everyone and we look forward to your participation.

### Karate- Advanced

Open to students holding the rank of advanced yellow through black belt. This class will follow our normal class promptly at 4:45pm and will end at 5:15pm. By offering this extra half hour, we will be able to give our advanced students the opportunity to participate in weekly kumite (point fighting) and thoroughly review their advanced material. Please note the 5pm bus is not available for students who enroll in the Advanced class.



### Mandarin Immersion

with Project You Start

Grades: k-2

Day(s): Thursday

\$525

*Open to new and returning students.* Learning a second language opens up a new world for children--a world that traverses cultures and continents, shows them the beauty of diversity, and excites their young minds to become active and engaged communicators. Our qualified, native Mandarin speaking instructors provide students with the tools to explore the Chinese culture and communicate effectively with the language. With the focus of receptive and expressive communication skills, we aim to produce and increase their understanding of high frequency phrases. Our goal is to create an interest and love for the language using a variety of craft activities.

### Movie and iMovie-New!

With Kostas Kiritsis

Grade 4-5th

\$450

This class is aimed at 4/5 grade students and explores the relationship between photography and video. In the beginning students learn about the evolution from still to moving image through hands-on exercises. As class progresses we develop our own short stories, write scripts and create story-boards. After all those preparatory exercises students collaborate with each other on filming - being directors, camera operators and actors. The process of editing in iMovie is covered in detail. The class ends with student presenting their final, completed video.

### Paul Taylor Dance

with Paul Taylor Dance Company

Grades: K-2

Day(s):Friday

\$425

As the educational component of the Paul Taylor Dance Company, The Taylor School exposes students to the joy and passion of Mr. Taylor's dances. Through creative games, Young Artists are able to explore their innate love for movement in a safe and nurturing environment. They will learn basic dance exercises that build the early foundations of modern dance technique- the basis for Taylor's choreography - and express their own creative voices. Classes may be divided up into two groups, and each class is 45 minutes.

### Photography- Junior Lab

with Kostas Kiritsis

Grades: K-2

Day(s): Friday

\$400

This class serves as an introduction into the world of photography. It explains the nature, origins and usage of photographs to very young children. It is designed to develop confidence in handling photographic equipment and improve hand-eye coordination by holding and operating different cameras, and learning to compose and take images. It also stimulates creativity through a variety of fun guided hands-on photographic projects. Students learn about the world, discussing concepts like colors, shapes, or emotions through photographs and are introduced to various skills and techniques such as making artist books, or collage.

### Python Coding

with Launch Math

Grades: 3-5

Day: Monday

Price: \$585

In this class kids dive into text-based computer programming with the user-friendly Python language! Python is a challenging yet logical next step for budding programmers who have learned Scratch and are ready for more. Kids tackle techniques such as lists, if statements, and loops while refining their problem solving and logical reasoning skills. By the end of the class these young coders can build basic scripts such as text-based adventure games. Previous experience coding with Scratch or similar highly recommended.

### Quick Start Tennis

with John Dergosits

Grades: 3-5

Day(s): Thursday

\$395

Learn basic tennis skills while having fun. This class will use USTA- recommended quick start balls and shortened court lengths in order to acquire the strength and control needed for beginner success. Group and individual drills and games will be used to help the children progress. Tennis is a lifelong physical and social game that brings fitness, mental focus, and fun. This class will be limited to 10 students in order to insure individual attention and definite success. Sneakers required. Weather permitting. Please be advised that this class will be held indoors during winter weather conditions.

### Quick Start Tennis

with John Dergosits

**Grades:** K-2

**Day(s):** Friday

**\$385**

Learn basic tennis skills while having fun. This class will use USTA recommended quick start balls and shortened court lengths in order to acquire the strength and control needed for beginner success. Group and individual drills and games will be used to help the children progress. Tennis is a lifelong physical and social game that brings fitness, mental focus, and fun. This class will be limited to 10 students in order to insure individual attention and definite success. Sneakers required. Weather permitting. **Please be advised that this class will be held indoors during the winter months.**

### Rock Guitar: Beginning-Intermediate

**Grades:**3-5

**Day(s):** Friday

**\$400**

Students experience the joy of playing along with songs they know and love from the very first class! The class will also incorporate music theory and basic technique into each session and students will perform a song as a group at the end of the semester. NYC Guitar School is New York City's premier guitar school, with five studio locations around the city (Midtown, Upper East Side, Brooklyn, Queens, and Westchester). BYOG (bring your own guitar)! Don't have one? No problem! Contact onsite@nycguitarschool.com to set up a guitar rental-ask for the NEST discount! Requirements: Students should have basic knowledge of open chords and strumming patterns.

### Rockin Robots: Creative Abound

**Grades:**3-5

**Day(s):** Wednesday

**Price:** \$585

Kids move beyond LEGO and build real robotic machines. Using a programmable Hummingbird Duo Microcontroller as the brain, campers set off and use their imagination to add various motors, sensors, LEDs, wheels, and body parts to their designs. Once they have created a moving horse, or perhaps a speedy racecar (or whatever they imagine!), campers bring their creations to life by using Snap!, Python, or Java to code their Hummingbird Duos so that their robots do whatever they desire. Most exciting, each day begins with a theme or goal and ends with different robotic designs!

### Rollerblading

with Kids on Wheels

**Grades:** 1-5

**Day(s):** Monday

**\$385**

Be part of the rolling fun! Each week the expert coaches from KIDS ON WHEELS will take you into the playground for some awesome afterschool skate time. The beginners will be introduced to the basic moves of balance, starting, stopping, and turns. We will also have an advanced group that will play hockey and learn more difficult maneuvers. For safety, the students MUST wear all protective gear including helmet, wrist, knee, and elbow pads. Rollerblades and protective gear are not provided. PLEASE BE ADVISED THAT THIS CLASS WILL CONCLUDE THE WEEK OF DECEMBER 17TH. Students who come during the month of January will be kept occupied with indoor activities or Homework Club, if requested.

### Skateboarding

with Kids on Wheel

**Grades:** 1-5

**Day(s):**Monday

**\$385**

At Kids on Wheels, we have added a fun and creative boarding program. The kids can bring their own or use one of our skateboards to learn the basics and some advanced moves. Learn to ollie, kickflip, and more. For safety, the students MUST wear all protective gear including helmet, wrist, knee, and elbow pads. Equipment not provided. PLEASE BE ADVISED THAT THIS CLASS WILL CONCLUDE THE WEEK OF DECEMBER 17TH. Students who come during the month of January will be kept occupied with indoor activities or Homework Club, if requested.

### Spanish: Beginner

with ABC Languages

Grades: K-1 & 2-4

Day(s): Tuesday

\$495

Beginner Spanish is designed for children with some background in spoken Spanish who are ready to begin to read and write. Children will practice speaking and learn reading and writing in Spanish through a combination of games and direct instruction. This will include read-alouds; word board games, writing workshop, phonics instruction, reciting poetry, and spoken language games, among other exercises. Students will be assessed and broken into groups according to skill level. Students will be expected to complete weekly homework assignments.

We believe that the steps to successfully learning a new foreign language start with an environment in which students love to learn and teachers love to teach. At ABC we strive for that every single day. We also know that the steps to successfully learning a new foreign language are much the same for every student, while the end goal and path to learning is highly individualized. With that in mind, ABC's professional instructors have the freedom to address each student's needs, goals, and learning patterns so that, while following a logical progression, each class goes at a pace that works for the students.

### Splat, Boom, Pow! (Cartooning)

with Mark Hurwitt

Grades: K-2

Day(s): Tuesday

\$385

In this class, students will learn how to draw their favorite cartoon characters and how to invent new characters of their own creation. We will begin with basic drawing and cartooning lessons, and then develop our characters and cartoon stories. By the end of the semester, every young artist in the class will have completed a sketchbook of their own original work that will show their progression through the program. But most of all, we'll have fun!

### Storybook Theater

with The New Acting Company

Grades: K-1

Day(s): Monday

\$495

Our youngest actors will explore multicultural stories through puppetry, creative movement, music, visual art, and dramatic play. Students become sly tricksters, wild animals, and clever heroes as they bring exciting tales to life. Our youngest actors move their bodies in new and inventive ways as they journey through each weekly adventure. Problem solving, creative expression, communication, and teamwork are encouraged. Class culminates in an end of semester performance for family and friends.

### Super Soccer Stars

Grades: K-2

Day(s): Tuesday, Wednesday OR Thursday

\$400 Per Day

In this fun enrichment based soccer program, students will build self-confidence and develop teamwork in every class. Our specially designed curriculum uses positive reinforcement and a low child-to-coach ratio to ensure that each child improves at his or her own rate while having endless fun. Super Soccer Stars classes focus on conditioning and the basic fundamentals of dribbling, passing, defending, and shooting. During the first half of the course students will work on different techniques, followed by non-competitive scrimmages. PLEASE BE ADVISED THAT THIS CLASS WILL CONCLUDE THE WEEK OF DECEMBER 17TH. Students who come during the month of January will be kept occupied with indoor activities or Homework Club, if requested.

### Swimming: Beginner-Intermediate- NEW!

Day(s): Wednesday

Grades: K-4

\$595

The objective is to build confidence by familiarizing students with the water and to teach them how to enjoy the water safely. Students will be introduced to breath control, assisted front/back floats, front glides and freestyle. Underwater exploration will also be introduced and practiced. Class size and teacher student ratio will be kept small to provide individualized attention. (Please note classes will take place at the Seahorse swim center at 69 Columbia Street. Students will be picked up from NEST+m at 3:05pm and brought back to site by 4:55pm).

### Swimming: Open Levels

with Physique Swim School

Day(s): Tuesday or Thursday

\$595

Day: Tuesday

Grades: 1-5

Location: 69 Columbia St.

Day: Thursday

Grades: 1-5

Location: 69 Columbia St.

Learning to swim takes time, practice, and patience, but the rewards are tremendous. The faculty of Physique Swim School, believe that swimming is an essential part of a full life. Using unique and dynamic teaching methods, the experienced staff will take NEST+m kids the whole way from beginners to master-swimmers. Upon completion of a swim level, each student receives a certificate of achievement; they then have it as a constant reminder of what they have achieved, and what they are capable of achieving in the future. More advanced students will train as if on a swim team where they will learn how to swim better, faster, and more efficiently. There are two essential parts to successful swimming – technique and training. Technique will be addressed first as a foundation. Once your child has secured good technique, appropriate workouts become more effective. These workouts will combine stroke/kicking drills, and interval sets, which together will make training more effective and fun. Children are divided up into five groups based on skill level. Instructor to Child ratio is 1:5 at the beginner levels and increases slightly with level. **Please note this course is held off site. Weather permitting.**

### Swim Team- NEW!

with Physique Swim School

Grades: 3-5

Day(s): FRIDAY

\$550

Are you an advanced swimmer? Can you swim all 4 strokes and have the urge to compete? Do you want to become more efficient and progress? Physique Club Team is the perfect place to expand on your swimming skills. Join us on Fridays at Seahorse Swimming pool (69 Columbia Street.) as we launch our club team in the spring. Swimmers will have an option compete against local teams and enter in invitational swim meets outside of practice hours. Students will be picked up from NEST+m at 3pm and brought back to site by 5pm).

### The Mystery of Magic

with Adam Cardone

Grades: 3-5

Day(s): Monday

\$395

In this course the students will learn what it takes to be a master magician. Most people think that learning the trick is all it takes to fool an audience, but Cardone the magician will teach the real secrets that can't be bought in a magic store. Sleight of hand, timing, voice and speech, pantomime, psychology, magic history, and the basics of theatre arts will be taught to make you not only a magician, but a master entertainer. Beware, some of the tricks taught will be easy but some will require serious practice... Cardone has been performing magic on a professional level for 23 years and holds a BFA in Theatre Arts from Carnegie Mellon University. [Cardonethemagician.com](http://Cardonethemagician.com).

## Violin

**Grades:** K-5

**Day(s):** Tuesday & Thursday

**\$525 Per Day**

*(Children will be placed in the appropriate level)*

**Pre-twinklers:** For the complete beginner, focus on posture, bow hold, familiar tunes, and fun note-reading games.

**Twinklers:** Completed one full session, has a basic understanding and ability to play the instrument, can play repertoire from book 1 String Explorer and Suzuki.

**Advanced Beginner:** Completed two full sessions or has studied privately, has completed book 1 String Explorer and Suzuki, can sight-read music with ease.

**Intermediate:** Completed two or more sessions or has studied privately, can play repertoire from book 2 String Explorer and Suzuki, can sight-read with ease.

**Advanced:** Completed four or more sessions or has studied privately, can play advanced repertoire with expression and fluent music.

Instruments not provided. Please contact [After3nyc@gmail.com](mailto:After3nyc@gmail.com) for more information.

## Writopia Lab

**Grades:** 4-5

**Day(s):** Wednesday

**\$550**

*This course is open to new and returning students.* For two-thirds of the semester, writers develop and write their own original short stories and/or plays and poetry on a weekly basis with a published writer or produced playwright. Writers will explore core elements of plot, key literary tools, and mechanics of a coherent story. During the remaining portion of the semester, writers will focus on essay writing. Writers will learn to analyze evidence, craft arguments, and structure and organize their ideas effectively. The workshop culminates in a reading for family, faculty, and friends. Each child leaves the workshop with a finished writing piece in hand and with a newfound love of writing in his or her heart.

Writopia Lab runs the most fun and productive writing workshops for teens and tweens in New York City. Each year, Writopia teens win more writing awards than any other group of students in the country. While the focus of writing workshops is on story and creative expression, we will explore structure and grammar as we revise our work, and our writers will ultimately organize their thoughts into coherent, fluid, complete narratives. Workshops are run by published authors or produced playwrights trained in Writopia's method. Writopia's method is student-centered; at Writopia, we witness every day that teens and tweens write at their best ability when writing what they want to write. Sessions are peppered with instructive games and helpful exercises.

## Young Actor Workshop & Play Lab

**with The New Acting Company**

**Grades:** 2-5

**Day(s):** Tuesday

**\$495**

This energetic and popular class begins with hilarious theater games and group building exercises. A story from children's literature will eventually be chosen by the instructor that is appropriate for the skill levels and interests of all students. Through improvisation, pantomime, and character building exercises, a script will be developed and performed on stage at semester's end. Students experience elements of play production: Costumes, lighting, makeup, and character development. Students are responsible for learning lines and working cooperatively with their peers.



### Registration Information and Policies

#### Admission

The program is open to all NEST+m students and their siblings not attending NEST+m. Children who are not currently a NEST+m student or alumni may be granted admission with an instructor recommendation, if space is available.

#### Semesters and Hours

The program is divided into two semesters, Fall/Winter which runs from September through January and Winter/ Spring, which runs from February through June. Please check our Calendar for specific dates. Program hours are from 2:35pm-5:45 pm. Most classes run from 3:15pm-4:45pm, unless otherwise stated. A free homework club (4:45-5:15pm) or supervised care (4:45-5:45pm) is available after regularly scheduled classes. Please see our Daily Schedule for more detailed information. The latest pick up time is 5:45 and is subject to a late fee.

#### Registration/Payments

Most classes are on a first come, first served basis and are only open to accounts in good standing for all programs administered by After3. There is \$50 registration/ administrative fee applied to course fees. This is a one-time fee for each student, per semester. We accept most major credit cards and checks. Checks are subject to a \$35 return fee.

#### Refunds

Refunds may be granted before the close of Online registration (Please note a \$25 processing fee may apply). No refunds after classes have started. Registration fee is non-refundable. Refunds will not be issued for school closings and rapid dismissals. In the event that a teacher is absent, After3 will make every attempt to provide a substitute or provide supervised care, but no refunds will be issued.

#### Transfers

Parents can request a transfer within the first two weeks of the program, within the same semester. No refunds will be issued if the new class requested is less expensive than the original class, but a credit may be given for future use. If the new class is greater than the original class the difference will be charged. Transfers after the first two weeks will be reviewed on a case by case basis.

#### Transportation

After 3 bus service is provided by ARJ Transportation and is open to all students enrolled in after-school. We service Upper East side, Upper West Side, Tribeca/Battery Park and Brooklyn. Routes are based on students enrolled on a particular day. The bus service is a set \$60 per month, per day of use. No contract is required and you may cancel at anytime, a week prior to billing date, which is the 1st of the month. No freeze allowed. Please do not call the bus service directly for billing, payments, or routes as that is provided by After3.

#### Financial Aid

A limited amount of financial Aid is available to students who currently qualify. Please note that financial aid eligibility is determined and issued solely by After3. Learn more at [After3nyc.org](http://After3nyc.org)

In order for your child to enjoy a safe and educational Afterschool experience, please make sure to review all of our policies at [After3NYC.org](http://After3NYC.org)

All policies are subject to reviews/updates throughout the semester.

**DISCLAIMER:** Our programs are not sponsored or endorsed by the Department of Education or the City of New York.